

What does good health mean to you?

What will I do at these meetings?

- Talk about what is most important about your health.
- This information will be shared with clinicians (including doctors), insurers, and researchers.
- This will help to improve healthcare.

Who is invited?

- Persons 18 and older with I/DD.
- Support persons are welcome.
- We welcome all communication preferences.

How can I be involved?

- Attend a 30-minute individual Zoom meeting this Fall.
- Attend a 2-hour group Zoom meeting (with a break) in January 2023.
- Give feedback on a summary of the group meeting.

Will I be paid?

- People with I/DD will be paid in gift cards.
- Joining all meetings and giving feedback pays a total of \$200 in gift cards.

How do I register for this?

- Register at this link: [IIDDEAL-2 Registration Form](#)
- *We have limited slots, so registration is required.*
- If you have any questions, email us at: goodhealth@brandeis.edu





Why is this important?

- Healthcare works best when clinicians and health systems and insurance companies understand what is most important to patients.
- People with I/DD don't always get to explain what they care about and need.

About IIDDEAL

- IIDDEAL is a project to learn what parts of health are most important to people with I/DD.
- IIDDEAL stands for Individuals with I/DD, Engaged, Aligned, and Leading.
- IIDDEAL will help researchers make healthcare better for the I/DD community.
- The project leaders are Teal Benevides from Augusta University, Mai Pham and May-Lynn Andresen from Institute for Exceptional Care (IEC), and Joanne Nicholson and Jennifer Buell from Brandeis University.
- Read more about IIDDEAL at www.ie-care.org/iiddeal



Examples of questions we will talk about:

- What does being healthy mean to you?
- What does being unhealthy mean to you?
- What is an example of a time when you had a bad health outcome?
- What is an example of time when you had a good health outcome?

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